



# pastabilities

SINCE 1982

Lunch Menu  
MONDAY - FRIDAY  
11:00AM - 2:00PM  
315.474.1153

## Dining Weeks Lunch Combo Special

**INQUIRE FOR DAILY SPECIAL OR VIEW ONLINE | 15**  
\* INCLUDES DAILY PASTA SPECIAL & CHOICE OF SOUP OR SALAD\*

### Soup, Salads & Starters

**SOUP OF THE DAY | 5.5**

**TOMATO-CUCUMBER SALAD (V) | side 6.5, regular 8.5**

basil, onion with white balsamic vinaigrette

**BROCCOLI, BACON & RAISIN SALAD | side 8, regular 10**

wih creamy raspberry vinaigrette

**KALE SALAD (V) | side 8, regular 10**

kale, quinoa, black berries, cranberries, toasted hazlenuts, sherry vinaigrette

**THAI BEEF SALAD | side 12 regular 16**

rice noodles, shaved steak, onion, sweet bell pepper, cilantro, chili-soy vinaigrette

**PENNE WITH GRILLED CHICKEN | side 9, regular 14**

spinach, sweet bell pepper, gorgonzola, walnuts, dijon vinaigrette

**SONOMA CAESAR | 10**

romaine, sundried tomatoes, stretch crouton crumbs, shaved asiago

**TOSSED SALAD (V) | 8**

mixed greens, carrots, tomatoes & cucumber

(dressing choices (V): lemon-balsamic vinaigrette, basil italian, ranch)

**SPICY HOT TOMATO OIL & STRETCH BREAD | 5**

6oz spicy hot tomato oil & 6 slices stretch bread

### Subs/Sandwiches

**TRADITIONAL MEATBALL SUB | 13**

house 50/50 sauce & meatballs, aged provolone on stretch bread

**MEATBALL RIGGIES SUB | 14**

house meatballs, wicked riggies sauce, mozzarella on stretch bread

**CHICKEN PARMESAN SUB | 14**

fried chicken cutlet, house 50/50 sauce, mozzarella on stretch bread

### Add-ons & Sides

**GRILLED CHICKEN (COLD) | 5.50**

**CHICKEN (HOT) | 5.50**

**ONE MEATBALL OR SAUSAGE | 4**

**TWO VEGAN MEATBALLS | 6.00**

**STEAMED BROCCOLI | 4**

**LOCATELLI CHEESE | 3**

**PARMIGIANO-REGGIANO | 4**

**GORGONZOLA CHEESE OR WALNUTS | 2**

**SPICY HOT TOMATO OIL (2oz SIDE) | 2**

**JAR SPICY HOT TOMATO OIL (15.3oz) | 7.99**

**BOX CAMPANELLE PASTA (1LB) | 6.99**

### Sweets

**ASSORTED COOKIES | 3.5**

**NUTELLA HAZELNUT BROWNIE | 5.50**

### Pasta

homemade pasta choices: linguine, fettuccine, angel hair  
additional pasta choices (V): penne, rigatoni,  
gluten free penne

**HOUSE TOMATO SAUCE (V) | 13**

**HOUSE TOMATO WITH MEATBALL OR SAUSAGE | 16**

**ALFREDO | 14**

**SPICY HOT TOMATO OIL | 14**

shredded locatelli cheese

**WICKED CHICKEN RIGGIES | 17**

spicy-spicy tomato cream, shredded locatelli cheese

**WICKED MEATBALL RIGGIES | 17**

spicy-spicy tomato cream, shredded locatelli cheese

**VEGAN WICKED MEATBALL RIGGIES (V) | 17**

spicy-spicy tomato cream, Impossible™ beef meatballs  
*contains nuts*

**PINK VODKA CREAM SAUCE | 14**

**HOUSE BOLOGNESE MEAT SAUCE | 16**

beef & pork, parmigiano-reggiano

**GARLIC OIL, BROCCOLI & WALNUTS | 15**

romano, olive oil, shredded locatelli cheese

**FRESH BASIL-WALNUT PESTO | 15**

walnuts, pinenuts, shredded locatelli cheese

**VEGAN BASIL-WALNUT PESTO (V) | 15**

walnuts, pinenuts, vegan romano

**HOT VODKA | 14**

spicy hot tomato oil & pink vodka cream,  
shredded locatelli cheese

**HOT TOM ALFREDO | 14**

spicy hot tomato oil & alfredo, shredded locatelli cheese

**SPICY BOLO | 16**

spicy hot tomato oil & bolognese, parmigiano-reggiano

**PESTO FREDO | 15**

basil-walnut pesto & alfredo, walnuts, pinenuts,  
shredded locatelli cheese

**CHICKEN RIGGIE TURN DOWN | 17**

alfredo & wicked chicken riggies, shredded locatelli cheese

**MEATBALL RIGGIE TURN DOWN | 17**

alfredo & wicked meatball riggies, shredded locatelli cheese

**50/50 SAUCE | 14**

house tomato sauce & spicy hot tomato oil

**PINK VODKA CREAM SAUCE | 14**

**CHICKEN PARM OVER PASTA | 16**

fried chicken cutlet, house tomato sauce, mozzarella served over  
pasta

**BAKED MAC & CHEESE | 15**

### Softer Drinks

**ASSORTED SODA (12oz CAN) | 2.5**

**SPINDRIFT (12oz CAN) | 2.50**

**SARATOGA SPARKLING WATER (12oz GLASS BOTTLE) | 4**

**BOTTLED WATER (20oz) | 3.5**

**SARANAC - ROOT BEER, ORANGE CREAM,  
SHIRLEY TEMPLE, BLACK CHERRY CREAM**

(12oz GLASS BOTTLE) | 4

**ASSORTED PURE LEAF BOTTLED TEA | 2.50**

*\*Beer & Wine selection Available Online or at  
Bar (no cocktails/spirits)*